

Text SD 13: High vibration is an expression of harmony

When we meet a happy, content person, we feel his harmony - and his high vibration radiates to us. People with a high, harmonious vibration harmonize their surroundings - they are centered, mindful and form a calm pole in the tense everyday world.

The author suggests "taking high vibrational words like "God", "Christ" or "Mother Mary" into your consciousness. I also advise you to put high vibrational images in front of your eyes and thus in your consciousness: for example, a picture of the Sacred Heart, a picture of the Sacred Heart of Mary or a picture of St. Michael. You can and should take such images to help you, because it is the high vibrating that gives you a certain spiritual hold, a support and a better connection to your guardian spirit" (Weidner 1992:194).

God is highest vibration. Even the spiritual beings and messengers of God "cannot approach this source 'God'. We do not draw these spiritual streams or these spiritual inspirations, also this inner perfection, this peacefulness or this inner peace from God, not from personal life from God, but there is one at the source who more or less controls this source of reference, and that is Christ. Christ turns up the beam to orient me to your senses humanly, when spirit beings of pure sort come, according to what is more demanded. Do they demand love, do they demand power for human inspiration, do they demand inner peace, do they demand sacrifice. Depending on it, Christ switches and lets through as much of this source as highly developed spirit beings, who come to this source, need" (Weidner 2002c:146).

The more spiritually evolved have the task and duty to help the less evolved in their upward development (cf. Weidner 2002a:111). In the case of conflicts or unresolved ties, "the more highly developed ... is always that motor which should rush to the aid of the burdened" (Weidner 2000c:239). Thus, Jesus also "built us a bridge, from the kingdom of darkness into the kingdom of God, the light" (Weidner 2000c:239). Basically, "The more highly developed should rush to the aid of the somewhat less developed. This brings blessing and strength for the development of one's own spirit soul" (Weidner 2000c:239).

Vibration is also important in the application of kindness power or love: "My actions and attitude evoke resonance in others" (Arnold 2011:151). Thus, every action and every thought contains a certain vibration that is transmitted to other people who are a) open to it and b) resonate with it. Because this is true for negative, i.e. low vibrations as well as for positive, high vibrations, it is crucial to always try to be in a high vibration - emotionally, mentally and in action.

One can also contrast the divine core or the "virtue soul" with the "desire soul" or "wish soul" (Weidner 2002c:338ff.). Desire soul or wish soul attaches itself to lower things like money, pleasure-seeking or vice, while the virtue soul tries to "sanctify the body" (Weidner 2002c:339), that is, to approach the divine. The desire soul vibrates low, while the virtue soul vibrates high, or higher. The virtue soul always tries to combine truth with love, to experience other people from their divine core, not to judge, but to love and understand. The virtue soul always tries to empathize, comprehend and lovingly understand other people's feelings.

Empathy as a loving comprehension of the suffering experiences of others can thus only be loving and compassionate, but never condemning, self-righteous.

"The virtue soul is a combination of being human, wanting to be human, wanting to be me, and of the divine reality in man" (Weidner 2002c:356). In this process, the virtue soul must be completely purified - though few people succeed (cf. Weidner 2002c:356).

There are two kinds of joy: if it serves spiritual development, it is positive; if it leads downward, it may be generated by negative beings (cf. Weidner 2001a:61).

"Every day becomes a day of joy, a day of happiness. Seen from the Creator's point of view, every day given to us is a day of joy and happiness!" (Weidner 2007b:10/11).

"Optimism in its essence is not a view of the present situation, but it is a life force, a force of hope where others resign, a force to hold one's head high when everything seems to fail, a force to endure setbacks, a force that never leaves the future to the adversary, but claims it for itself" (Dietrich Bonhoeffer, quoted from Hettinger 1987:56).

A wise resolution: "To begin each day with a good remedy is: when growing up, to remember to give joy to one's fellow man, for it comes back to one's own soul!" (Weidner 2007b:11).

"'Why is everyone happy here except me?' 'Because they have learned to see goodness and beauty everywhere,' said the Master. 'Why don't I see goodness and beauty everywhere?' 'Because you can't see something outside that you don't see inside'" (de Mello 1986:35).

"The ancient truths and wisdoms are eternally new to the one awakened to the nearness of God at all times. By imparting them to earth people, they became promoters on the spiritual path of perpetual renewal. For the Creator is continually creating something new. Such encounters with the spiritually new are truly new delights, they bring inner insights and wonderful realizations" (Weidner 2007b:20/21).

"See yourselves and all earth life around you in the ascending light of the inner spirit soul life daily anew. The more alive you awaken to Christ and His inner light within you, the more joyfully and brightly you experience the newness within and around you. This spirit of Christ radiates through you and you see it with the eyes of renewal and continuous spiritualization" (Weidner 2007b:24).

Every spiritual being - and every human being - lives "in an astral and mental sphere of vibration that is adequate for it, in which everything is contained that it has felt, thought, wanted and done at some time before" (Weidner 1986:39).

Therefore: "Strive to attract the good powers through pure thought, speech and action, then you are already in a higher vibration, your radiance clears and is no longer accessible to the very deep powers" (Weidner 1987:77).

"Another aid is balance or harmony, unison, tranquility. It is indescribably important to be master over oneself, i.e. to have oneself in control with brazen mastery!" (Weidner 1987:81).

We can be irradiated through for a short time, but often do not (yet) have the ability to maintain this level, so it is important to progress slowly but steadily (cf. Weidner 2007b:177).

It is true: "There is no falling back in the overall development, but at your level there is a slipping back, falling or slipping off, as you want to call it. As a result, the spirit being has to accomplish this very slippage again and again. The stand remains constant, but this slippage is again brought before his eyes before his further progress" (Weidner 2000a:94).

"The life vibration tones of your spirit soul sound all the more pure, clearer, brighter and richer in feeling, the more you act true and purposeful in your daily course of life. Therefore I advise you: In order to let true vibrational tones sound from you to us, you must strike the love tone similar to the Creator, which brings about the God-willed good in the creation. If you have 'sounded' into my spirit thoughts, which I have just taught you, then you recognize out of yourself that you are first of all a creature of God, a spirit being and his image" (Weidner 2003b:22).

"The less your formations inhibit your true freedom, the more it comes to you as a sensation of calm power. You lift up your head into the light of the eternal world of law, and the more you look into the eternal, the clearer your mind becomes, until, standing completely in this light, you can be satiated by truth and no longer need any other nourishment, no longer take in any other food" (Weidner 2010:238).

"Every spirit being stands in the midst of rich treasures which have been given to him in the grace of God on the path of life. The free will of the spiritual being is to utilize these treasures wisely. The spiritual forces, which it acquires by appropriation of these treasures, are accordingly own achievements" (Weidner 2010:240).

The higher the vibration of a person, the more harmonious he is - and the lower the vibration, the greater his distance to God. It is worth doing everything to experience divine harmony - and to deepen it and make it sustainable.

Source references and bibliographic information at:

<http://www.geistige-entwicklung.ch/angefuehrte-literatur---cited-literature.html>

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