

Text SD 42: Dreams and mental development

Dreams should not be underestimated, but also not overestimated. They are an expression of spiritual and mental development. If we don't consciously remember our dreams, that's fine. If we do remember dreams, we should be grateful for them.

"Dreams [are] facts, depending on the stage of development, state of soul, movements of mind, and states of vibration; simply put, they are states of mind of the soul" (Weidner 2007a:51).

It is so, "that you humans can be subject to the influence of both God-willed side and satanic side. Likewise your dreams. And from this arises again the danger for every dreamer that he gets stuck in the so-called lower spheres and accordingly can experience bad dreams in the brain thinking" (Weidner 2007a:44).

"Highly developed earth people, which do exist, dream truth dreams. And this is a fact, which you can read in the history of mankind and in writings Less spiritually developed people dream of the anima, that is, only of their stage of development, of the thought or feeling body and its energy states" (Weidner 2007a:46).

"Everyone is different and as a result already your earthly dream interpretation is not correct, it is not transferable to other people" (Weidner 2007a:51).

"True dreams are impulses coming from the spirit realm of God, which the guardian spirit or a higher guiding spirit makes available to the spirit being = human being in the exited state in the light beyond, that is, raises to consciousness" (Weidner 2007a:60).

For the human being "it is necessary that he asks his guardian spirit for its help during the night rest of the body. He can ask him for a good sleep, for example, and then when sleep is in some kind of phase - as your scientists say - the guardian spirit steps in and wants to bring to consciousness what has not been processed and what needs to be processed, improved, changed or where others need to be helped, accordingly in dream forms" (Weidner 2007a:114).

A good method is to recapitulate the course of the day before falling asleep and to ask the guardian spirit for accompaniment during sleep: "Essential is a kind of 'exploration of the course of the day', others say 'exploration of conscience', or otherwise an exact awareness of all events, incidents, good or less positive days, thoughts, phrases, emotional upsurges and so on. ... This practical awareness is of great importance for the spiritual home. Because one automatically swings away from the earthly receiving shell of thoughts and feelings up to another level, a sphere of consciousness. And now one receives from the guardian spirit on the same level the thoughts, the feelings, the outlooks and so on, which he wants to transmit to each individual. For good, godly intentions are the result" (Weidner 2007a:116/117).

"Also those dear earth brothers and sisters, who consciously recommend themselves to their guardian spirit and have not done so exactly the examination of conscience of the daily events, are picked up by it, and in a spiritual teaching and intermediate home this is made up for and

checked. ... The difference lies in the fact that with the former one can reckon with a smaller need to catch up, in order to be able to devote oneself then to spiritual expeditions = learning broadenings or spiritual-soul societies, thus to be able to enjoy more liberties" (Weidner 2007a:119).

In short: "Who does not purify himself before going to sleep, must or should or will - with your will - with the help of the guardian spirit that purification phase shine through, that's why it is usually said: before midnight is the purification phase" (Weidner 2007a:119).

Many - most - earthly people lie down to sleep without thinking of God: "Thus we were given a figure that 87 percent of people lie down in bed without any thought of God through prayer, an upward swing and so on" (Weidner 1987:121).

"This worn-out spirit-soul pumps itself [in sleep, note] full with godly energies. Because the higher the level of development, the more energies one can fill up, consequently one does it. Because the next earth day will need them again" (Weidner 2007a:124).

Let us take remembered dreams as gifts, as hints and as signposts for our spiritual path. They are always there, whether we see them or not.

Source references and bibliographic information at:

<http://www.geistige-entwicklung.ch/angefuehrte-literatur---cited-literature.html>

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