

## **Warrior of the Light**

### **Basic text**

#### **1. Starting point**

On earth today, a worldwide, global conflict is raging between the good, the positive, forward-looking on the one hand, and the evil, the negative, backward-looking on the other.

Strategically, the current situation is as follows:

The negative forces are dominant at the moment, they control the external, material world, even our thinking, our feelings and our actions. Expressions of this dominance of the negative are materialism, violence, egoism and the striving for power. Ideal and spiritual goals are systematically denigrated, made out to be naïve, ridiculous or utopian, or made taboo and put into the sectarian corner. At the same time, control over the individual is being extended more and more, e.g. through ever more comprehensive databases and their networking, through marketing and advertising, through data mining, area-wide low-frequency electromagnetic radiation, for example through mobile telephony, WLAN networks of computers, multifunctionality of electronic media, systematic restriction of individual freedom, macro-climatic measures, increasing financial pressure on individuals, escalating work stress or growing social control and financial pressure over or against all those who are not in the work process. Young people are no longer offered identificatory world views, ideals or personalities, instead they are offered electronic games glorifying violence, a rampant cult of stardom that arbitrarily inflates almost anyone or everyone to the status of a star for a few weeks and then drops them, and makes millions of young people want to become stars themselves. Old people and society as a whole are increasingly driven into a youth mania that undermines the natural generational order and the solidarity of the various age groups. An attitude of "I want everything" and material egoism is increasingly destroying social solidarity and the functioning of society. Poverty is seen as self-inflicted, and the rich are encouraged financially, fiscally and sociopolitically to accumulate even more wealth.

Politicians increasingly pursue their own particular interests, and the common good is increasingly lost sight of. A special method of the negative forces is nationalism: In warlike conflicts people from different nations and religions are led against each other by making them believe that they fight for the good and their opponents for the evil. One's own side serves as a figure of identification, while the opponents serve as projection screens for aggression, hatred and violence. The fact is, however, that both sides are similar in their behavior (violence, brutality, torture and murder). From a superordinate point of view, warlike conflicts serve to divide people, to discredit the positive forces of love, peace and harmony and to keep people permanently under the spell of evil.

On the other hand, more and more people are interested in spiritual questions, often without finding sustainable answers in the churches or existing religious communities. More and more individual people are committed to idealistic or spiritual goals and are engaged in a spiritual development process, but often feel alone and relatively powerless. At the same time, ever

stronger positive spiritual forces are seeking access to our planet and to human beings. Humanity and planet Earth are on the verge of a spiritual transformation.

Therefore, it is a matter of giving the positive spiritual forces access to the people and to our planet without directly attacking the negative forces. Strategically, it is about establishing a strong, worldwide network of people and institutions who, without reservation, place themselves on the side of good and work to open access to the positive, mental-spiritual energies and to connect with them permanently. At the same time, it is a matter of raising one's own spiritual vibration in order to increasingly become a resonance vessel for the positive mental-spiritual energies. Thereby the balance of power between the negative and the positive shifts successively and incessantly in favor of the positive. At the same time, the effectiveness of the inflowing positive mental-spiritual energies also increases.

## **2. The metaphor of the warrior of light**

In the following text, an attempt is made to present a corresponding personal spiritual strategy in the form of a metaphor, namely as a code of a spiritually committed and active person, a "warrior of light", so to speak.

First of all, warriors of the light need a basic decision to commit themselves to the positive, spiritual side. At the same time, warriors of the light formulate the goal for themselves to constantly work on themselves, to strengthen their positive qualities and to reduce and finally dissolve their negative qualities.

Positive qualities are:

- Courage
- Perseverance, steadfastness and endurance
- Enthusiasm
- Purposefulness
- Patience
- generosity
- Helpfulness
- Justice
- honesty
- Reliability
- Discernment
- Love for people
- Love for nature and all living beings
- Love for God
- Mindfulness, awareness and concentration
- Being inwardly directed
- Contact with spiritual guidance
- Eagerness to learn
- Wisdom and knowledge
- Humility

Negative qualities are

- Attachment in the material
- Egoism/attachment to the ego
- Striving for power
- Impatience
- Violence
- Unrestraint
- Dishonesty
- Arrogance
- Lack of judgment
- Influenceability
- Carelessness
- Externalism
- Anxiety
- Aggressiveness
- Doubt
- Lack of concentration

Warriors of Light see themselves as fighters for a spiritual and just society and as fighters for the positive, spiritual, for love and peace.

What are the criteria for the positive?

Basically, warriors of light obey their heart, conscience and love. They listen within to discern the right course of action. They feel the connection with everything that is. They do not see in people their outer - sympathetic or unsympathetic appearing - form, but they concentrate on their spiritual core. They know themselves connected with every human being and every living being, even with their worst enemies.

Warriors of Light regularly set goals to work towards. They use all their energy for the once set goal. After achieving the goal, but also when they fail to achieve it, they review the reasons for their success or failure.

Achieving a goal is a victory, missing a goal is a defeat. The warrior\* learns from each victory and from each defeat.

Possible reasons for a failure or defeat are:

- Wrong goal setting
- Wrong timing or impatience
- Lack of energy, strength or concentration
- Wrong strategy
- Wrong tactics

### **3. Code of the Warrior**

Warriors of the Light live their lives as if the present moment were the last moment of their lives.

Warriors of the Light live their lives according to their strategy: The longer-term and fundamental goals are defined there. They measure the success of their life by how far they have come towards their strategic goal or to what extent they have achieved their strategic goal.

Well-being, job, career, material situation and personal relationships do not come first, but support them in achieving their strategic goal.

The Warrior of Light works continuously to improve their attitude, increase their personal knowledge, control their thoughts and feelings.

Warriors of Light live from the heart, not the mind - their heart rules their mind, the mind is their servant, never their master.

Warriors of Light amplify their personal power by making sure that their energy level is never too low, that their etheric, emotional and mental protective mantle is active and closed at all times, that their physical condition is good and their health is optimal.

The Warrior of Light lives mindfully and maintains a high level of awareness permanently.

She helps everywhere and everyone who needs help. She is polite and patient.

The Warrior of Light is emotionally balanced and controls destructive feelings such as fear, anger, rage and doubt at all times. She does not repress these feelings, but allows them to flow through her in such a way that they do not find resistance with her.

#### **4. Strategy**

The strategy aims to direct all actions and the entire life of a Warrior of Light toward those higher goals toward which she is working.

The strategy contains a long-term and overarching vision of all that she wants to change or accomplish.

Good strategists are able to keep the overarching goals in mind at all times, and find different ways and methods to accomplish them.

The strategy is the vision of life that Warriors of Light works to achieve every day.

The strategy of the Warriors of Light is to create new channels for the incoming light (spiritual energy), to widen existing channels for the incoming light and to connect the individual channels for the incoming light (creation of a spiritual network as an interconnected system for the incoming positive light energy and its transmission).

## **5. Set goals**

With this strategic vision in mind, Warriors of Light continue to set new goals to work toward. Each of these goals contributes to the reinforcement and realization of the strategic vision.

While strategy aims at the realization of a long-term, enduring vision, the setting of - rather short-term - goals has a tactical character. In other words, a Warrior of Light must not only be a good strategist with clearly defined long-term visions, but also an excellent tactician in order to move step by step closer to the realization of the strategic vision with wisely set (partial) goals and a flexible but persistent approach.

It is important not to get lost in a multitude of short-term goals, but to understand them as small steps towards the realization of the strategic vision.

In the beginning, Warriors of Light set small and seemingly insignificant goals. With increasing success and experience, the goals set become more comprehensive and gain in importance and weight over time.

Each goal achieved strengthens the motivation of the warrior of light to set and achieve new goals.

Every missed goal strengthens the experience of the warrior of light and helps her to gain new insights and learn.

The trick is to choose goals in such a way that their achievement brings the Warrior of Light successively closer to her strategic vision.

There are three dangers in doing this:

- If the goals set remain too partial or insignificant, warriors of the light lose the strategic vision and run the risk of getting lost in everyday stuff.
- If warriors of the light set goals that are too far-reaching, they overexert themselves and lose motivation over time because no successes occur.
- If the goals set are related to external or material things (e.g. career, income, etc.), the connection to the strategic vision is lost and the warriors of the light lose their spiritual world view and their spiritual attitude. In the process, warriors of the light ultimately lose their attitude as warriors and exhaust themselves in living as comfortably as possible.

## **6. Commitment to the goal**

A warrior of light lives each moment intensely, focused on the present, and fully aware.

Whether she is working, training, or resting and enjoying, her attitude is open, forward and active.

Even with the greatest tension of her forces, she remains relaxed, loose and centered.

She prepares mentally, intellectually and emotionally for her next goal - keeping the strategic vision in mind.

A warrior of light always seeks the Archimedean point, the power point, from which she approaches her goal. Without anchoring in their point of power, attempts to reach the goal remain lame and powerless. By anchoring in the point of power, the Warrior of Light's activity gains clout.

There are many different methods of finding and anchoring in the personal power point.

Warriors of Light judge all their actions by whether or not they bring them closer to their goal. This does not mean rushing headlong toward the goal in the most direct way. If necessary, warriors of the light will take detours, wait for a favorable opportunity, or, in extreme cases, even engage in tactical retreat.

Warriors of Light always have a backup plan in case the first plan doesn't work.

Warriors of Light are always optimistic, but also plan for a worst case scenario. No defeat, no matter how deep, will upset the Warrior of Light. Defeats - i.e. failed goals - merely show the warrior of light how the desired goal cannot be achieved.

Even though the warrior of light uses all available energy for her goal, she always tries to minimize the risk and maximize the probability of success.

She focuses her attention on the goal, uses all her powers to achieve it - and uses her power point as a lever to make the goal a reality.

The power point is a person's energetic center of gravity. For most people, it is located in the area of the solar plexus - but it can also shift.

If the warrior of light is thrown off balance by something - e.g. by a defeat - the first thing she does is to anchor herself again in her power point. There she gathers strength until she has enough energy to aim at the goal again.

## **7. Target reached**

When the warrior of light reaches her goal, she can rejoice.

Then she analyzes the decisive factors for her success: What was decisive for the achievement of the goal, who or what helped to achieve the goal, what were the strengths and resources that were available to achieve the goal.

But the Warrior of Light also analyzes her mistakes and weaknesses that delayed or hindered the achievement of the goal. She considers whether there could have been better ways of doing things. What does the Warrior of Light need to improve, what behaviors should she change, what points does she need to work on?

After that, the warrior of light already thinks about what she defines as her next goal.

### **7.1 Missed goal**

If the warrior of light misses her goal or feels that she is not getting closer to it, feelings of frustration, disappointment or discouragement may arise. These feelings should not be repressed by the Warrior of Light, but should be taken as an indication that the goal-directed efforts should be reviewed. The following questions arise:

- Is the disappointment of not (yet) having achieved the goal a matter of lack of patience or lack of effort? If so, the warrior of light needs to work on her attitude of patience or intensify her efforts.
- Is the goal too high or unrealistic? If so, the warrior of light should divide the goal into subgoals and work to achieve them successively.
- Does the warrior of light lack the strength or energy to achieve the goal? If so, the warrior of light must anchor herself again and again and more strongly in her point of strength and accumulate energy.
- Does the resistance to achieving the goal seem too great? If so, the warrior of light should analyze the resistances unvarnishedly and unreservedly and develop a strategy to overcome them. If the resistance lies in one's own weaknesses, the warrior of light must overcome her weaknesses. If the resistance comes from outside - e.g. in the form of insurmountable circumstances outside the warrior of light - the warrior of light should work towards overcoming or circumventing this resistance.

### **8. Evaluate Mission**

After achieving or failing to achieve a goal, that is, after each victory and defeat, the warrior of light must evaluate his or her efforts and commitment without feelings of arrogance in the case of victory, or without feelings of frustration or disappointment in the case of defeat. The evaluation should be sober and unvarnished - the more accurate the evaluation, the more likely the Warrior of Light will achieve future goals.

It can be helpful to evaluate personal victories or defeats with another Warrior of Light, ideally each other. Outsiders often have a less biased perspective. However, if this is not possible, the Warrior of Light can review her efforts in the form of a self-evaluation.

### **9. Attitude of humility**

Regardless of whether the warrior of light has just won a victory or suffered a defeat, she remains in an attitude of humility.

The warrior of light knows that although she can work with all means to achieve her goals, each victory - and each defeat - is never primarily her own merit, but that all efforts are always subject to the will of God, the divine transcendence. It can be that the warrior of light does not reach her goal despite intensive efforts - simply because the achievement of the set goal does not correspond to the divine will.

Warriors of light strive to submit to the will of God. They are aware that they want to follow God's will above all else. Warriors of light try to find out again and again what the will of God is. If the warrior of light finds out that a goal she is striving for - and even a strategic vision - does not correspond to God's will, she immediately abandons that goal or vision. The warrior of light tries to define her goals in accordance with the will of God. Warriors of light always understand their activity as support of the will of God, never as opposition to it.

Warriors of light follow their heart, which is always in harmony with divine love. Warriors of the Light strive to reduce their small ego, to make it the servant of the heart.

## **10. Setting a new aim**

Whenever the warrior of light has achieved a goal, or has found that she has not or could not achieve her goal, but also when she realizes that her goal does not correspond to the divine will, she immediately goes about setting a new goal.

The attitude of the Warrior of Light, indeed her whole life, is goal-oriented: she understands her life as a period of time in which she works for the Divine, for positive spiritual energy, for love.

Warriors of Light learn non-stop, improve themselves and their attitude, support the positive spiritual energy and thus contribute to the spiritual transformation process of humanity and the Earth.

### **Literature reference:**

A good introduction to the attitude of a Warrior of Light is also given in the following book:

Coelho, Paul  
2006: Manual of the Warrior of Light. Zurich: Diogenes Taschenbuch.

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